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VISY BOARD PTY. LTD. (A.C.N. 005 787 913)

27th June 2001

Leadership Management Australia
Attention: Darren Pereira

I would first like to thank you Darren for your support and guidance through the course, you played a large role in how much I got from this course. At the start of the course I was unsure of what to expect and how I would manage the extra workload in this difficult time at work. It ended up being perfect timing and I'm sure helped us all through a difficult time.

I have gained so much from all the workshops, some helped me more than others. It highlighted my strengths and weaknesses. From this I learnt how to capitalize on my strengths, which gave me greater confidence in my ability. I learnt to work on improving my weaknesses and how they were affecting other areas. The course has given me the tools to find solutions and to help me achieve what is important to me.

The main benefit I gained from the course was goal setting. Although I often set personal and business goal they were not SMART goals. As a result I was not achieving many of them. This then created a negative flow on effect and reduce my productivity, satisfaction and motivation levels.

The course has made me look at all areas of my life and how I can improve my work and personal life. I have made some big and small improvements, and its all been enough to want and strive for more.

Overall I'm feeling more confident, less stressed and achieving more faster.

Catherine Dunn

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A handwritten signature in purple ink that reads 'Cathy Dunn'. The signature is written in a cursive style.

ACCOUNT MANAGER.