



ALL SAINTS

Catholic Senior College

Leacocks Lane, Casula NSW 2170 9821 1822



27th May, 2005

To whom it may concern,

Darren Pereira presented the *Shape Your Destiny* seminar to the 280 Year 12 students at our school. Darren was able to effectively communicate motivational techniques to these young adults through the use of music and the high energy atmosphere that he created. Students were engaged throughout the day and were able to write their specific goals and plans. Many students who find it hard to write more than a few sentences were able to write pages about their goals for the future.

The impact of the day has continued throughout the year as students are able to recall many of the ideas and techniques that they learnt at the seminar. I feel that many students who felt uncertain about the upcoming year were able to create a plan and set a focus for the upcoming year as a result of attending this seminar.

I would recommend Darren's seminar to other schools. I was particularly impressed with Darren's ability to communicate and motivate this age group.

Yours truly,

Svetlana Onisczenko
(Community Building Coordinator)