

20 October 2009

TO WHOM IT MAY CONCERN

Darren has transformed my life in an invaluable way. A year and a half ago, my career, personal relationships and self esteem were at an all time low. Although, technically I had everything, I lacked a sense of purpose. After only one coaching session with Darren I was afforded deep insights and a perspective that even those closest to me could not offer. Two months after Darren's coaching session, I enrolled in a teaching degree and have not looked back. I am now working as a teacher in a prestigious private school in Melbourne.

When I had heard about the '**Shape Your Destiny Weekend Transformation Seminar**', I knew I had to attend. At this *inspirational, breakthrough weekend*, Darren used powerful music & highly effective techniques to help me discover and tap into my *interests, passions and talents*, as well as helping me to discover my purpose in life. I have translated what I have learnt into the classroom, to discover my students' desires, passions and ideals, so that my teaching is tailored to their individual needs.

In the seminar, I also learnt how to break limiting beliefs and negative thinking patterns. As a result, I will teach my students ways to break through their limiting beliefs and negative thinking patterns, so that they can learn to 'believe and achieve' academically and in life. I will also foster notions of forgiveness and gratitude and to help them focus on their strengths rather than their weaknesses.

Every teacher, even experienced ones, will have goals they set for themselves to improve their performance. Thanks to Darren, I have set **bold goals** around my career aspirations and continually strive towards achieving them. I have not only set these goals but have realistic techniques and action plans to help me attain them.

Darren has helped me find out what really motivates me and through the seminar, has helped me turn this into a workable action plan.

Darren has helped me change direction in life, aim higher and move forward. My *positive* thoughts have lead to *positive* actions in my life. I have become more passionate about being a teacher and a lifelong learner. **By transforming my thoughts, Darren has not only changed my life, but indirectly will change the lives of my students.**

– Karishma Purswaney - Teacher

