

Dear Darren

Please find below my thoughts regarding your work & the Shape Your Destiny seminar.

"Why should we hire you? Why should we hire you? Why? Why? Why?" The questions echoed through my head as I struggled to type more than two words at a time in response to my job application. The questions in my head slowly turned to "Why would we hire you?" as my Fears took over. It is the Global Financial Crisis! I have listed 15 Finance companies to apply for during this time! Who was I and why was I even thinking myself worthy of the time of these companies? I mean I didn't have the best marks, I didn't attend the best University and I definitely had no conviction of how I would be an asset to a company. This was definitely a moment where my self image was about -2/10. Why was it that when I thought about the future this dark cloud of uncertainty mixed with a feeling of inadequacy formed? Little did I know that this was all about to change rapidly!

I consulted Darren on this matter and was amazed at how much he was able to empathise with my situation. I respected the way he communicated to me in an open, honest and direct manner. He didn't waste anytime either. With the help of Darren, I was able to identify my passions, and my purpose in life and also in my career and then systematically break down the obstacles to success known as limiting beliefs by creatively re shaping the image I had of myself and rephrase the questions that I was asking myself and others were asking of me. I put myself in a peak state and typed like crazy. Through the MBTI personality profile I was able to identify some traits I possessed and behaviours that I had to work on in order to satisfy my life purpose of "Living every moment with passion and energy in order to help others and myself to grow and contribute." With Darren, I also mastered a STOP technique which enabled me to empower MYSELF, on MY own, anytime I wanted!

In what seemed like a heartbeat, I was able to look at my list of pending applications and cross out 10 out of the 15 companies I was considering applying for (mostly due to insecurity) and focussed on the 5 that complimented my ideals, purpose and passions. The outcome was amazing, out of the 5 jobs I applied for, I made the final round for 3 of them. I was one of 'the lucky ones' who was offered a job during this Global Financial Crisis. I wrote this in my gratitude journal very often, but not nearly as many times as the words 'Darren Pereira' were written. He was a pillar of strength that actually helped build up my own pillars of strength so that I could unleash my natural potential.

With many thanks.

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