



The Success Evaluator

Rank your current levels of success in each area of your life. Use this as a foundation and baseline position to start to increase your levels of success in everything that you do. (If the sentence is true give yourself 1 point)

<p>Happiness</p> <ul style="list-style-type: none"> <input type="radio"/> I love my life and I am very happy <input type="radio"/> I can't wait to get out of bed every morning <input type="radio"/> I spend my time away from work doing the things I enjoy the most <input type="radio"/> Everyday I create time to spend on myself <input type="radio"/> I love my days off and my weekends <input type="radio"/> I appreciate the little things in life <input type="radio"/> I am living the way I want to live at the moment <input type="radio"/> I don't get stressed out easily and can relax <input type="radio"/> I laugh a lot <input type="radio"/> I am fun to be around 	<p>Finance</p> <ul style="list-style-type: none"> <input type="radio"/> I regularly save 10% of my income <input type="radio"/> I have no money concerns <input type="radio"/> I have no credit card debts <input type="radio"/> I have at least 50% of my annual income in the bank or invested <input type="radio"/> I have a money plan in place for the future <input type="radio"/> I have a budget and know what I am spending each month <input type="radio"/> I always know what my bank balance is at any given moment <input type="radio"/> I am financially knowledgeable – I know about money and investing <input type="radio"/> I have total control over my finances <input type="radio"/> I am always thinking of ways to make money work for me
<p>Happiness score out of 10 _</p>	<p>Finance score out of 10 _</p>
<p>Career</p> <ul style="list-style-type: none"> <input type="radio"/> I love my career. I am fulfilled. <input type="radio"/> I look forward to going to work everyday <input type="radio"/> My career stimulates me and helps me grow as a person <input type="radio"/> I work to live and not live to work <input type="radio"/> I know where my career is taking me both in advancement and reward <input type="radio"/> I have as much energy at 9:00am as I do at 5:00pm <input type="radio"/> In the main, work does not stress me out <input type="radio"/> The people I work with are great <input type="radio"/> My work environment is positive and supportive <input type="radio"/> I have fun at work 	<p>Relationships</p> <ul style="list-style-type: none"> <input type="radio"/> My family life is fantastic <input type="radio"/> I have a lot of friends and we do things together <input type="radio"/> I am close to my parents (alive or not) <input type="radio"/> I have a best friend <input type="radio"/> I am close to my children; there are no differences between us <input type="radio"/> I get along with my neighbours and the people in my area <input type="radio"/> We do a lot of activities together as a family <input type="radio"/> The people who matter the most in my life love me <input type="radio"/> I have a good network <input type="radio"/> I get along with people in the main and can communicate effectively with anyone
<p>Career score out of 10 _</p>	<p>Relationships score out of 10 _</p>



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<p>Confidence</p> <ul style="list-style-type: none"> <input type="radio"/> I am a confident person <input type="radio"/> I don't doubt my ability to achieve <input type="radio"/> I know my strengths and weaknesses <input type="radio"/> I don't have difficulty in saying "No" <input type="radio"/> I don't often think that I am not as good as others <input type="radio"/> I don't worry what others may think of me <input type="radio"/> I don't expect myself to be perfect all the time <input type="radio"/> It's not important for me to want to be liked and approved of <input type="radio"/> I smile a lot <input type="radio"/> I am a positive person 	<p>Health & Well Being</p> <ul style="list-style-type: none"> <input type="radio"/> I exercise at least 3 times a week <input type="radio"/> I eat healthy food and do not abuse my body with excess alcohol <input type="radio"/> I am happy with the way I look <input type="radio"/> I regularly visit the Dentist, Optician and other Health Practitioners Doctors for check ups <input type="radio"/> I manage my stress levels by relaxing each and every day <input type="radio"/> I have at least 2 holidays / breaks per year <input type="radio"/> I have no outstanding issues or problems that need to be resolved <input type="radio"/> I do not chase my tail; run out of time <input type="radio"/> I regularly treat myself each week to something I enjoy – clothes, cd's, massage, nails, hair, skin etc <input type="radio"/> I regularly assess how I am looking after myself and put a plan in place to improve
Confidence score out of 10 _	Health & Well Being score out of 10 _
<p>Growth & Development</p> <ul style="list-style-type: none"> <input type="radio"/> I am constantly learning and growing <input type="radio"/> I try out new things & activities regularly <input type="radio"/> I make plans to improve myself constantly <input type="radio"/> I know what my goals are and I am eagerly and effectively making them a reality <input type="radio"/> I enjoy variety <input type="radio"/> I develop the people around me so that they are more successful in their lives <input type="radio"/> I have all of the tools, aids, contacts and resources to make me a success <input type="radio"/> I have a mentor who continually pushes me to achieve more <input type="radio"/> I make events happen rather than wait for them to happen to me <input type="radio"/> I regularly attend seminars, training courses and conferences to improve 	<p>Attitude & Action</p> <ul style="list-style-type: none"> <input type="radio"/> I am in control of my own life and my own destiny <input type="radio"/> I could die right this moment with no regrets <input type="radio"/> I am doing what I want, when I want <input type="radio"/> I am really optimistic about the future <input type="radio"/> There is nothing I am dreading or avoiding at this moment in time <input type="radio"/> I have a plan in place to succeed in all that I do <input type="radio"/> I am implementing my plan <input type="radio"/> I have the energy and drive to succeed <input type="radio"/> I am not afraid of making mistakes or failing at things <input type="radio"/> I am now ready to give it all that it takes to succeed
Growth & Development score out of 10 _	Attitude & Action score out of 10 _



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Your overall scores:

Area	Score
Happiness	
Finance	
Career	
Relationships	
Confidence	
Health & Well Being	
Growth & Development	
Attitude & Action	
TOTAL	

Put your scores in the table above and highlight the areas of your life that need the most work.

Jot down below the **top 5** activities that you are going to start on immediately. What jumped out at you from completing the assessment?

1.

2.

3.

4.

5.



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So, what was your score?

Use the chart below to evaluate your current level of success

Points	Level
70-80	Outstanding life
60-69	Rewarding life
40-59	Satisfactory life
00-39	Poor life

Evaluation

Outstanding life

If you rated between 70 and 80 then you are in the Top 1% in the world who are making it happen and are leading an outstanding life. Congratulations!

Rewarding life

If you rated between 60 and 69 then you have huge potential to leverage yourself into the Top 1%. With a little push you can turn a very rewarding life into an outstanding life.

Satisfactory life

If you rated between 40 and 59 then you experience a moderate level of success. You achieve in life but not consistently nor to your potential. If you continue at this level you may find yourself stuck in a comfort zone and you will feel unfulfilled and under-perform in the long run.

Poor life

If you rated between 0 and 39 then you need to be very careful. If you don't seek help immediately, you run a very serious risk of damaging yourself physically, emotionally and intellectually. You need to take massive action to get it right.

No matter what level of success you are at, you have the power to make positive changes in your life.

You owe it to yourself to have as much happiness and success in your life as you can.

So do something about it today.

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